



**Mississippi Medical Education and Research Consortium
Mississippi Delta Family Medicine Residency Program**

Psychiatry Rotation – PGY-1

Duration: 4 weeks, PGY-1
Supervisor: Dr. Sharmayn Sayers-Erfourth
Location: Delta Regional Medical Center

Overview:

The purpose of this rotation is to provide family medicine residents with the opportunity to gain an understanding of the essentials of psychiatry and behavioral health frequently encountered in the outpatient and inpatient settings of a family medicine practice.

Educational Goals:

Upon completion of this rotation, the resident will be able to demonstrate competence in the basics of human behavior, and recognize the biological, psychological, social and environmental factors that influence patient health behaviors. Residents will learn how to conduct a diagnostic interview, administer and interpret common behavioral screening tools (PHQ-9, GAD-7), and provide treatment recommendations.

Educational Objectives:

At the completion of the psychiatry rotation the resident should be able to:

A. Patient Care:

1. Have sensitivity to and knowledge of the emotional aspects of illness.
2. Demonstrate the ability to effectively interview and evaluate patients for mental health disorders using appropriate techniques and skills to enhance the physician/patient relationship..
3. Understand the contribution of physician prescribing practices for opioids, stimulants and other potential drugs of abuse and addiction to substance use disorders.
4. Visit community facilities/institutions to learn about behavioral health resources, treatment levels, psychopharmacology, clinical criteria and collaborate continuity of care.

B. Medical Knowledge:

1. Understand normal and abnormal psychosocial growth and development across the life cycle and be able to apply this knowledge to the care of the individual patient.
2. Recognize the stages and impact of stress in the typical/atypical family life cycle.
3. Develop knowledge of commonly diagnosed mental disorders seen in family medicine.
4. Recognize the pharmaceutical therapies as well as non-pharmaceutical therapies for the various psychiatric disorders.

C. Practice-Based Learning and Improvement:

1. Be able to recognize, initiate treatment for, and utilize appropriate referrals for mental health disorders to optimize patient care.
2. Master a variety of motivational interviewing techniques to enhance the physician/patient relationship and motivate the patient to change behavior.
3. Recognize inefficiencies, variation and quality gaps in behavioral healthcare delivery in family medicine.

D. Interpersonal and Communication Skills:

1. Assess patient's risk for abuse, neglect, and family and community violence.
2. Elicit information pertaining to cultural values and beliefs, family systems, and relevant social history to best understand what drives patient behavior.
3. Recognize physical, cultural, psychological and social barriers to communication.
4. Recognize ethical and legal implications of using technology to document and communicate.

E. Professionalism:

1. Consistently display an attitude and manner that conveys acceptance of diverse individuals and groups.
2. Demonstrate respectful, nonjudgmental and caring behavior toward patients who have substance use disorders.
3. Attends to responsibilities and completes duties in a timely manner while asking for assistance when needed and having a questioning attitude..

F. Systems-Based Practice:

1. Understand the impact of mental health disorders on the family unit.
2. Locate available local resources to assist in treatment and interventions for patients who have substance use disorders.
3. Gain understand of health care resources and cost impact on patients, families and the health care system while suggesting feasible treatment to adhere to patient/system resources.

Learning Resources:

TBA